

# WASH SHOP!



## INSTRUCTIONS:

- Fill a large bowl with water, add dish soap for bubbles!
- OPTIONAL: fill another bowl with soil/sand and add a collection of your child's small toys (*ONES OK TO GET WET*) into the bowl to find.
- Using the tub of water, you can 'clean' the toys using a cloth or sponge
- You can also dry the toys with a towel or lay them out in the sun.

## NEED:

- Dish soap
- Sponge/cloth
- Small toys that are allowed to get wet

# DIY STRESS BALLS!



## INSTRUCTIONS:

- Choose a filling

Firm ball: flour, baking soda, cornflour

Loose ball: rice, chickpeas, small lentils

- Measure the ingredient (160-250g depending on desired size)
- Blow into the balloon to stretch but let out air
- Using a funnel add the filling to the balloon
- Squeeze out excess air and tie the balloon (cut off excess)
- Use a markers to draw a face onto the balloon, once dry its ready to use!

## NEED:

- Filling (*see above for options*)
- Balloons
- Funnel

# FROZEN PLANT RESCUE!



## INSTRUCTIONS:

- In the garden collect some leaves, sticks or flowers
- Separate your collection across an ice cube tray and fill to the top with water
- Leave in the freezer **OVERNIGHT**
- The following day in a bowl/over the sink pour warm water over the ice cubes to melt the ice and reveal your findings!

*Water play is great for sensory stimulation!*

## NEED:

- Ice cube tray
- Collection of sticks, leaves or flowers

# BUBBLE SNAKES!



## INSTRUCTIONS:

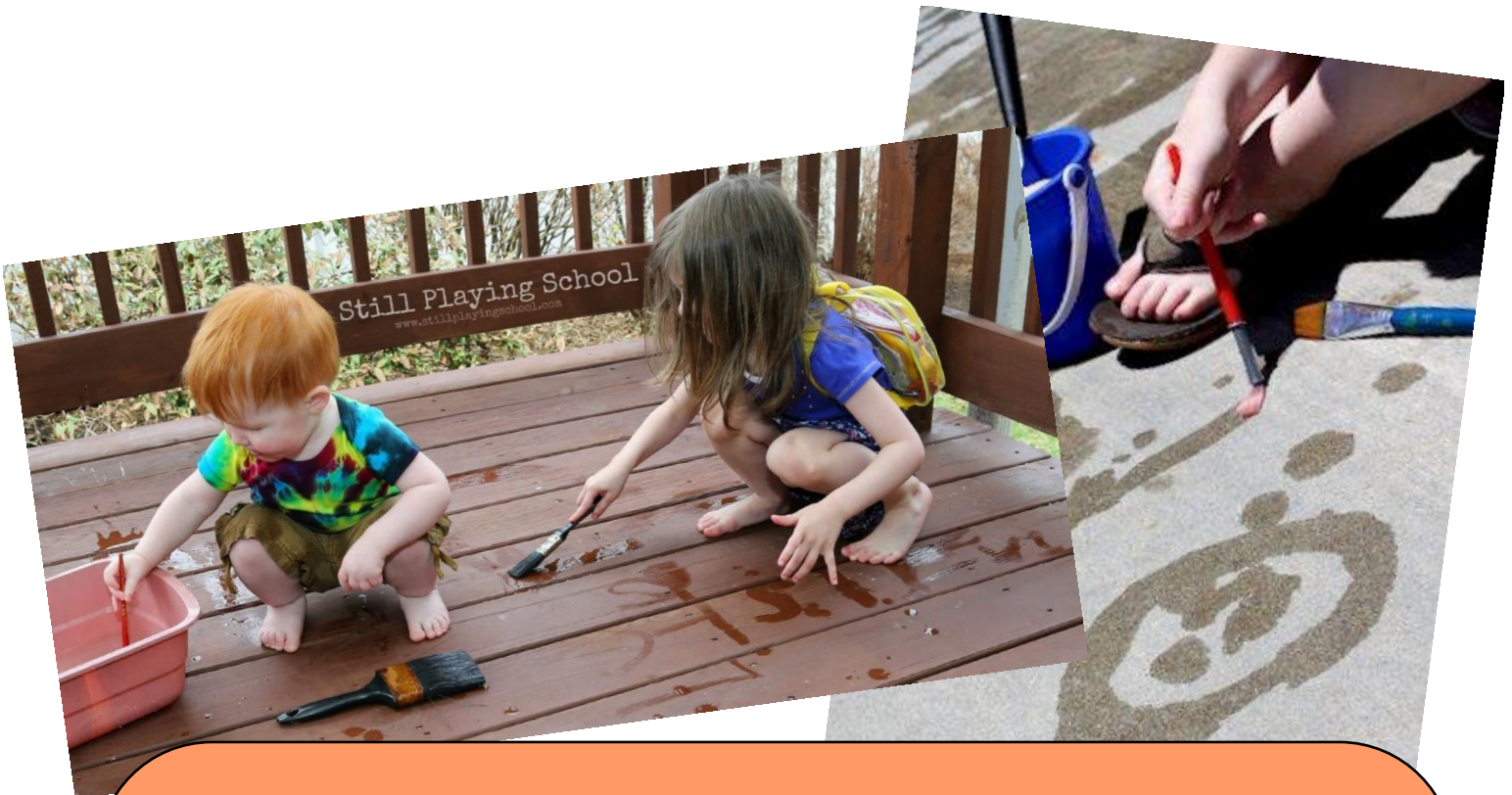
- Cut off the bottom 1/3<sup>rd</sup> of a plastic bottle
- Pull an old sock over the bottom and secure with tie or tape
- Fill up a bowl with warm water and dish soap to make it bubbly.
- Once outside, dip the bottle into the water so the sock covering the end is submerged
- Blow into the bottle to create long bubbly snakes!

## NEED:

- Dish soap
- Plastic bottles
- Old socks



# WATER PAINTING!



## INSTRUCTIONS:

- Fill a large bowl with water
- Have a selection of paintbrushes and sponges for your kids to choose from
- Use the water as 'paint', works great outside on the pavement or brick walls

*Water play is great for sensory stimulation!*

## NEED:

- Range of paintbrushes/sponges
- Tub of water

# COLOUR WALK!



## INSTRUCTIONS:

- On a vertical piece of card, draw colour swatches along the left margin
- Next to each swatch add a line of double-sided tape
- On your permitted walk of the day use the board looking for things to collect for each colour (e.g green leaves, brown sticks)
- Try and collect a few for each colour and check back at the end of the walk for what you have found!

## NEED:

- Card
- Coloured markers
- Double-sided tape/blu-tack