## Menu for Week Commencing 30<sup>th</sup> November 2015

Monday: Spaghetti & Meatballs with Green Beans Beef mince cooked in a rich tomato sauce, served with spaghetti and green beans

Our Vegetarians will enjoy Quorn sausages baked in tomato sauce served with spaghetti and green beans Apple & Cherry Crumble & Custard

Tuesday: Minestrone Soup & Crusty Bread Suitable for Vegetarians Yoghurts & Chunky Fruit

Wednesday: Spanish Chicken, Rice & Broccoli Vegetarian option is Spanish Quorn, Rice & Broccoli Jam sponge & Custard

Thursday: Beef Casserole, Roasted Butternut Squash & Cabbage

Our vegetarians will have Quorn Casserole and all the trimmings

Lemon Mousse & Biscuits

Friday: Salmon Fishcakes, Potato Wedges, Peas & Sweetcorn Honeyed Peaches & Ice Cream

Fresh Fruit, Vegetables or Salad Available Every Day