# Monday

# Tuesday

# Wednesday

### Creative Explorers

9.45 - 11.00am

For children who are walking to 4 years.

Lots of opportunities to explore, discover new experiences and have fun with stimulating activities both indoors and outdoors.

£1.50 per family

## Sensory Sessions

(by referral only)

This group is run by occupational therapists from the Child Development Centre.

4 weekly sessions

£1.50 per family

### **Multiple Miracles**

9.45 - 11.00am

with their twins, triplets or more. We offer support and lots of opportunities for the children to explore.

£1.50 per family

## Stay and Chat

## (by referral only)

An informal play session for preschool children with identified additional needs. Opportunities for parents/carers to get advice from professionals including the portage team, about your child's learning and development needs.

£1.50 per family

## Jump and Jiggle; story and sing-a-long

11.00 - 11.45am

For children aged 1 - 4 years. An active singing and story time with lots of movement, exploring instruments and familiar and new songs which are linked to the theme of the book.

£1.50 per family

## Sensory Explorers

1.30 - 2.30pm

For children from birth to competent walkers. Babies can explore lots of treasure baskets and parents/carers can meet others.

£1.50 per family

# Monthly Groups

### **Baby Clinic**

## 1.15 - 3pm; 1st Tuesday of each month

The baby clinic is run by health professionals and a drop-in session is held from 1.15 - 2pm.

2 - 3pm is by appointment only. To | £2 per family make an appointment, please book through your health visitor.

3rd October: 7th November:

5th December; 9th January; 6th February; 6th March;

17th April (after Easter); 1st May; 5th June: 3rd July

Come and meet other parents

# Messy Play (monthly)

Tuesdays - 1.15 - 2.15pm

For children from 0 - 4 years. The children can have fun exploring, using their senses. Be prepared to get messy and wear old clothes!

### 2017 dates:

12th September; 10th October; 14th November; 12th December 2018 dates;

16th January; 20th February; 13th March; 24th April;

8th May; 12th June; 10th July

# Saturday

### Dad's Group

10.00 - 11.30am

Spring 2018 dates;

13th & 27th January

10th & 24th February

10th & 24th March (Woodland Day on 10th March)

A friendly and relaxed group for Dad's, Uncles, Grandads or other male role models to spend time with their children. They can enjoy all of the resources available inside and outside in the large

For children aged 0 - 7 years.

£2 per family

garden.

# **Woodland Sessions**

## Woodland activities provide opportunities for children and families, through practical activities in an outdoor

environment.

We can explore and experience the natural world through the seasons and in all weathers.

We offer woodland sessions within our Creative Explorers group per half term and in our Dad's Group once per term.

The children and families participate in woodland activities, have snack outside, build dens and join in with singing and parachute games.

## Creative Explorers Woodland Sessions;

11th December; 5th February;

26th March; 21st May; 23rd July

# Family Support for children with Special Educational Needs and Disabilities

Parents/Carers with a child with additional and/or complex needs often have many different professionals involved in the care and education of their child.

At times, this may feel overwhelming.

We are able to support families where there is a child/ren with additional needs aged 0 - 6 years.

This is a city wide service.

We offer short term support which may include home visiting and helping the parents/carers make changes at home as part of their ongoing learning and development plans. We give the parents/carers opportunities to be listened to and think through implementing strategies and plans already in place.

### THE SERVICE WE OFFER IS BY REFERRAL ONLY

When the support worker receives a referral, a specific piece of work will be completed with the family to support them through a difficult period. This work could be for 6 - 8 weeks or longer depending on the support required.



PETERBOROUGH Peterborough Families Information Service - provides free information, advice and assistance to parents, carers and professionals on a wide range of topics. These include details about local childcare, free childcare eligibility and how to pay for childcare.

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